Recipe: Rudy’s Jamaican Rice & Peas  
Honoring: AN Rudolph O. Ross (November 30, 1978 – December 15, 2006)

Recipe submitted by Rossonya Ross, daughter

*“Before my dad, Rudolph, joined the Navy, he helped manage a Caribbean restaurant, which is where my mom and dad met. This is my dad’s rice and peas recipe. My mom learned it from him and has made it for years, though with her own twist depending on what she has on hand. She doesn’t typically measure, so this is our best guess, and you may want to make some modifications. You can double the recipe or add more red beans or seasonings to your liking!”– Rossonya Ross*

Rudolph Orlando Ross was born on November 30, 1978, in Kingston, Jamaica. He joined the Navy in 2005 and became an Aviation Boatswain’s Mate (Aircraft Handler) with the USS Nassau (LHA-4) out of Norfolk, VA.

Ross had a rare gift for balancing humor with deep reflection, always bringing laughter to any room while maintaining a quiet, thoughtful demeanor. He loved to dance—always moving to the rhythm of life, his joy contagious. Whether in a serious moment or just having fun, he could always find a way to lighten the mood with his wit and infectious smile.

Taken too soon in a senseless act of gun violence on December 15, 2006, at the age of 28, Ross’s legacy lives on in his two beautiful daughters, Chanille and Rossonya. They carry his spirit, his ambition, and his love for life. Every day, his family and friends are grateful for the time they had with him and for the love and laughter he brought into their lives.

**PHOTOS:**



